

WOMEN'S SO-FIT PROGRAM SCHEDULE

Thursdays 8:00pm – 9:00pm

South Branch Elementary School Gym

Please Note: Scheduled sessions cancelled due to Snow Day or School Closure/Activity may not be re-scheduled.

PHASE I (6 WEEKS)

SESSION	MONTH	DAY	DATE	TIME	LOCATION
1	February	Thursday	4	8:00pm-9:00pm	North Grenville
2	February	Thursday	18	8:00pm-9:00pm	North Grenville
3	March	Thursday	3	8:00pm-9:00pm	North Grenville
4	March	Thursday	10	8:00pm-9:00pm	North Grenville
5	March	Thursday	24	8:00pm-9:00pm	North Grenville
6	April	Thursday	7	8:00pm-9:00pm	North Grenville
7	April	Thursday	14	8:00pm-9:00pm	North Grenville
8	April	Thursday	21	8:00pm-9:00pm	North Grenville